SAFER TRAVELS

“One destination is never a place, but always a new way of seeing things.”
—Henry Miller

THE BASICS

• Students traveling abroad are at a higher risk of sexual assault than students at home
• Consumption of alcohol or other psychoactive substances increases risk
• Separation from home and support for a substantial period of time can have impacts on mental health and well being
• Sexuality and gender norms are expressed differently in each community
• Cultural norms will dictate dating and social behaviors, expectations, and etiquette
• Laws pertaining to gender violence can differ in each community
• Effects of gender violence can be compounded by isolation, cultural barriers, and lack of familiarity in the area

COUNTRY: CZECH REPUBLIC

• No existing gender equality legislation, but council for equal opportunities for women and men
• Men make about 26% more than women in the labor force
• Domestic violence criminalized in 2004
• Domestic violence ignored in social sphere, believed to be handled at home
• White Circle of Safety is an NGO servicing survivors of DV
• 4% of women have reported non-partner sexual violence in their lifetime
• 2006, same sex marriage legalized
• One of the more liberal countries regarding the LGBTQIA+ community
• In 2009, comprehensive anti-discrimination law passed

RESPONDING TO DISCLOSURES

“Are you safe?”
“I believe you”
“How can I help”
“Thank you for sharing with me”

SAFER TRAVELS PLAN

• Know yourself: Reflect on Expectations
• Know your surroundings: Local Resources, cultural norms and behavior
• Develop a Support Network: Back Home and Abroad
• Have a Game Plan (Before the plane and before the door)

RESOURCES

Cal Poly Safer Confidential
✉️ safer@calpoly.edu
📞 805.756.2282

Cal Poly International Center
✉️ international@calpoly.edu
📞 805.756.1477

Toll Free 24-HR Crisis Line*
RISE Confidential
✉️ contact@RISEslo.edu
📞 855.886.RISE (7473)*

SASHAA
Sexual Assault Support and Help for Americans Abroad
✉️ crisis@866uswomen.org
📞 866.879.6636*

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