SAFER TRAVELS

“One destination is never a place, but always a new way of seeing things.”
—Henry Miller

THE BASICS

• Students traveling abroad are at a higher risk of sexual assault than students at home
• Consumption of alcohol or other psychoactive substances increases risk
• Separation from home and support for a substantial period of time can have impacts on mental health and well being
• Sexuality and gender norms are expressed differently in each community
• Cultural norms will dictate dating and social behaviors, expectations, and etiquette
• Laws pertaining to gender violence can differ in each community
• Effects of gender violence can be compounded by isolation, cultural barriers, and lack of familiarity in the area

COUNTRY: ITALY

• Three government bodies in place to police discrimination and maintain gender equality
• Women tend to have more higher education, yet work lower level jobs
• National Plan on Violence Against Women and Stalking (2010–13)
• Code of Equal Opportunities Between Men and Women (2010)
• 5% of women reported non-partner sexual violence in their lifetime
• DV and SA in sharp decline, down 23%
• Slower to accept same LGBTQIA+ individuals
• Same Sex marriage legalized in June 2016
• Discrimination regarding sexual orientation in employment banned in 2003, however no other anti-discriminatory laws put in place yet

RESPONDING TO DISCLOSURES

"Are you safe?"
"I believe you"
"How can I help"
"Thank you for sharing with me"

SAFER TRAVELS PLAN

• Know yourself: Reflect on Expectations
• Know your surroundings: Local Resources, cultural norms and behavior
• Develop a Support Network: Back Home and Abroad
• Have a Game Plan (Before the plane and before the door)

RESOURCES

Cal Poly Safer Confidential
✉ safer@calpoly.edu
✉ safer.calpoly.edu
📞 805.756.2282

Cal Poly International Center
✉ international@calpoly.edu
✉ international.calpoly.edu
📞 805.756.1477

Toll Free 24-HR Crisis Line*
RISE Confidential
✉ contact@RISEslo.edu
📞 855.886.RISE(7473)*

SASHAA
Sexual Assault Support and Help for Americans Abroad
✉ crisis@866uswomen.org
✉ sashaa.org
📞 866.879.6636*

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*24-hour service available, click above for contact method.