SAFER TRAVELS

“One destination is never a place, but always a new way of seeing things.”

—Henry Miller

THE BASICS

• Students traveling abroad are at a higher risk of sexual assault than students at home
• Consumption of alcohol or other psychoactive substances increases risk
• Separation from home and support for a substantial period of time can have impacts on mental health and well being
• Sexuality and gender norms are expressed differently in each community
• Cultural norms will dictate dating and social behaviors, expectations, and etiquette
• Laws pertaining to gender violence can differ in each community
• Effects of gender violence can be compounded by isolation, cultural barriers, and lack of familiarity in the area

COUNTRY: KENYA

• No laws against domestic violence
• Police reluctant to intervene in “family matters”
• Almost half of Kenyans believe domestic violence is acceptable
• Skewed power between genders
• Sexual Offenses Act (2006) deems all forms of sexual violence criminal
• 41% of women reported experiencing physical or sexual violence
• Culture of silence around gender based violence
• Sexual harassment illegal, but not well enforced
• Abortion is illegal

RESPONDING TO DISCLOSURES

“Are you safe?”
“Thank you for sharing with me”

SAFER TRAVELS PLAN

• Know yourself: Reflect on Expectations
• Know your surroundings: Local Resources, cultural norms and behavior
• Develop a Support Network: Back Home and Abroad
• Have a Game Plan (Before the plane and before the door)

RESOURCES

Cal Poly Safer Confidential
✉ safer@calpoly.edu
☎ 805.756.2282

Cal Poly International Center
✉ international@calpoly.edu
☎ 805.756.1477

Toll Free 24-HR Crisis Line*

RISE Confidential
✉ contact@RISEslo.edu
☎ 855.886.RISE(7473)*

SASHAA Sexual Assault Support and Help for Americans Abroad
✉ crisis@866uswomen.org
☎ 866.879.6636*

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