SAFER TRAVELS

“One destination is never a place, but always a new way of seeing things.”

—Henry Miller

THE BASICS

• Students traveling abroad are at a higher risk of sexual assault than students at home
• Consumption of alcohol or other psychoactive substances increases risk
• Separation from home and support for a substantial period of time can have impacts on mental health and well being
• Sexuality and gender norms are expressed differently in each community
• Cultural norms will dictate dating and social behaviors, expectations, and etiquette
• Laws pertaining to gender violence can differ in each community
• Effects of gender violence can be compounded by isolation, cultural barriers, and lack of familiarity in the area

COUNTRY: NEW ZEALAND

• Police do not classify DV as separate from other forms of assault
• Extensive support services for DV victims
• DV training and advocacy in family courts
• 66% conviction rate of DV
• 18% of family violence cases reported to police
• 55% of women had reported experiencing sexual violence and/or emotional/psychological abuse
• Maori women at 5 times greater risk of IPV
• Social views of DV inhibit access to resources, especially in marginalized communities
• 30 specialized sexual violence services for victims
• Gap in services specialized for culturally diverse groups

RESPONDING TO DISCLOSURES

“Are you safe?”
“I believe you”
“How can I help”
“Thank you for sharing with me”

SAFER TRAVELS PLAN

• Know yourself: Reflect on Expectations
• Know your surroundings: Local Resources, cultural norms and behavior
• Develop a Support Network: Back Home and Abroad
• Have a Game Plan (Before the plane and before the door)

RESOURCES

Cal Poly Safer Confidential
safer@calpoly.edu
safer.calpoly.edu
805.756.2282

RISE Confidential
contact@RISEslo.edu
riseslo.org
855.886.RISE (7473)*

SASHAA
Sexual Assault Support and Help for Americans Abroad
crisis@866uswomen.org
sashaa.org
866.879.6636*

U.S. Embassy in New Zealand
U.S. Embassy Wellington
29 Fitzherbert Terrace
Thorndon
Wellington
New Zealand
nz.usembassy.gov
+64 4 462 6000

Toll Free 24-HR Crisis Line*

* For more information, please visit safer.calpoly.edu

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